



Practical

Need an extra moment of rest? Experience a wonderful time in wellness Namasté from hotel Corsendonk Hooge Heyde. Let yourself be surprised on the following pages with all our treatments and massages, performed by trained masseurs and beauty specialists.

Moreover, all massages and facials use the quality and natural products of BABOR! So you are assured of quality.

Address

Corsendonk Hooge Heyde Steenfortstraat 5 2460 Kasterlee

Opening hours

Our wellness is open from 7h to 23h, 7 days a week

Wellness access tickets

Monday/Tuesday/Wednesday:

Access day ticket: 9h-17h: € 21,50 Evening ticket: 17h-23h: € 21,50 Access all day: 7h-23h: € 31,50

Thursday/Friday/Saturday/Sunday:

Access day ticket: 9h-17h: € 24,50 Evening ticket: 17h-23h: € 24,50 Access all day: 7h-23h: € 34,50

Booking and contact details

Would you like to book a massage or treatment? Send an email to info.hoogeheyde@corsendonkhotels.com stating the desired massage or treatment or call **014 55 18 34**.

Meaning of pictograms



Suitable for pregnant women



Cleansing



// Ideal for lovers of firm massages



Warming on cold days



Relaxing



Ideal for lovers

FACIAL TREATMENTS

Facial treatment 'Express'

€ 49

This facial is the ideal treatment for people who want a quick but complete treatment. Consisting of a complete cleansing followed by a customized serum and day cream.

Duration: 30 minutes



Facial treatment 'Deluxe'

€79

This facial is suitable for anyone who wishes to combine care and pampering. You will receive a comprehensive skin care including massage of the face, neck and décolleté.

Duration: 60 minutes





Epilation or waxing

€ 15

With each facial treatment you can book a epilation of the eyebrows or the upper lip. This can be done by epilation or waxing. Combine a facial with an epilation or waxing.

Duration: 15 minutes

Hydra boost

€39

Does your skin have a dull or tight feeling? Then your skin is in need of extra hydration. Through 3 ampoules we are going to give the skin a hydrating boost.

Duration: 30 minutes





Reversive anti-age

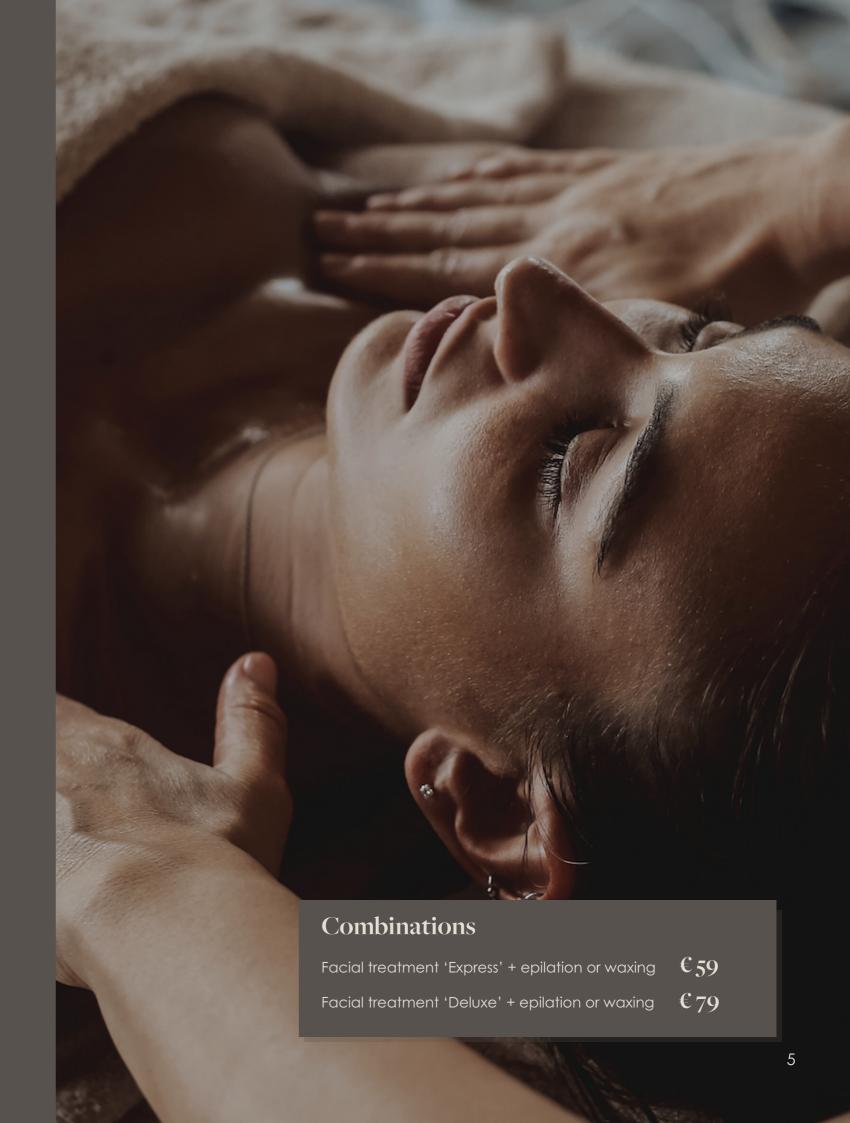
€ 129

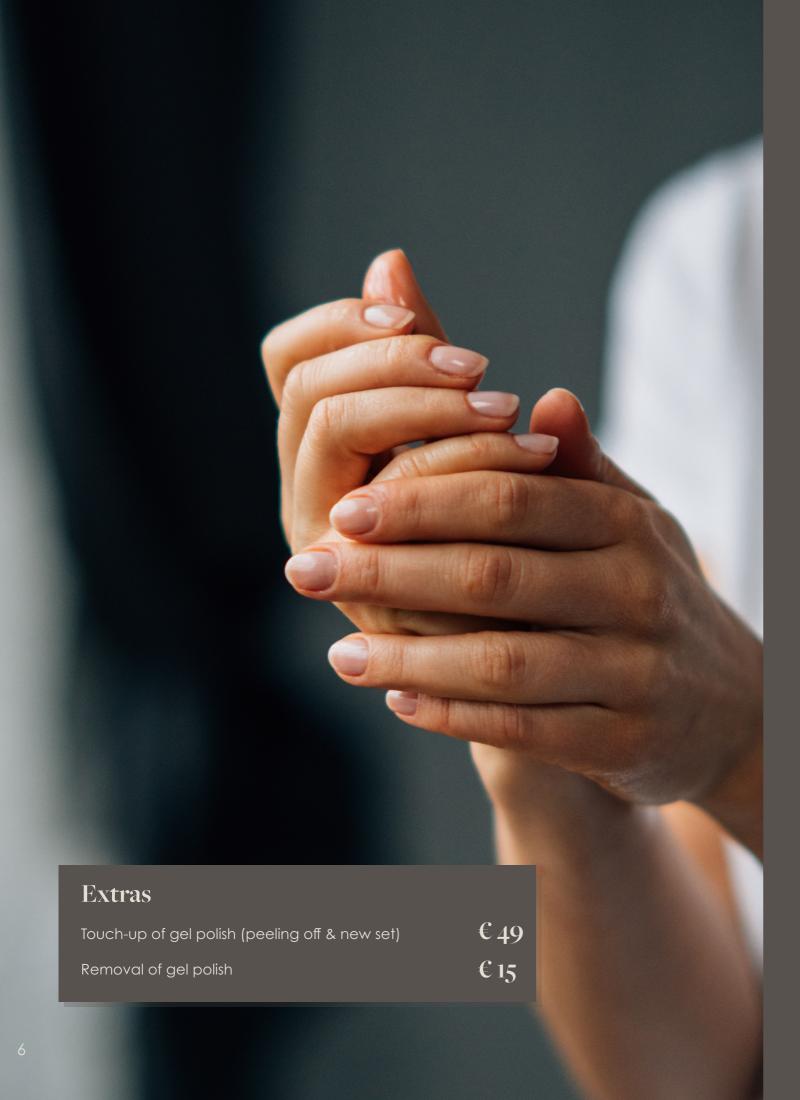
Pro Youth care with an effective massage for immediately visible effects. The skin gains a youthful radiance. A moment of relaxation with a lasting effect.

Duration: 90 minutes









MANICURE & PEDICURE

Manicure € 35

Beautiful and well-groomed hands speak volumes. During this manicure we will give your hands the necessary care. We finish the manicre with a nourishing and soothing hand massage.

Duration: 45 minutes



Pedicure

Healthy feet require attention. This pedicure treats every possible problem, from nail trimming to callus removal. We conclude the pedicure with a relaxing foot

Duration: 45 minutes



€ 49

Manicure/pedicure + gel polish
Would you like well-groomed feet or hands and a nice color on the nails? Striking or neutral, we offer numerous options. This option can **only** be combined with a pedicure or manicure.

Duration: 60 minutes



MASSAGES

Peeling, wrap & massage

€129

Let your body unwind during the relaxing body peeling, wrap & massage. Dream away with subtle scents of our essential oils.



Back, neck and shoulder massage

€49

Suffering from a tense or painful back, neck and/or shoulders? A firm muscle-oriented massage may be perfect for you.



Body massage 'Deluxe'

€89-€119

Enjoy a full body massage, a head-to-toe "me-time" moment. We end the massage with the face and scalp. You determine the firmness of the massage.

Duration: 60 or 90 minutes



Hot stone massage

€ 99 - € 129

Let the warm stones warm and relax your muscles. A true treat for the body and mind. Highly recommended for the colder days.

Duration: 60 or 90 minutes







Bamboo massage

€ 99 - € 129

Firm massage using bamboo sticks. Here, the muscles and blood flow are stimulated, this goes firming.

Duration: 60 or 90 minutes





€99

Herbal stamp massage

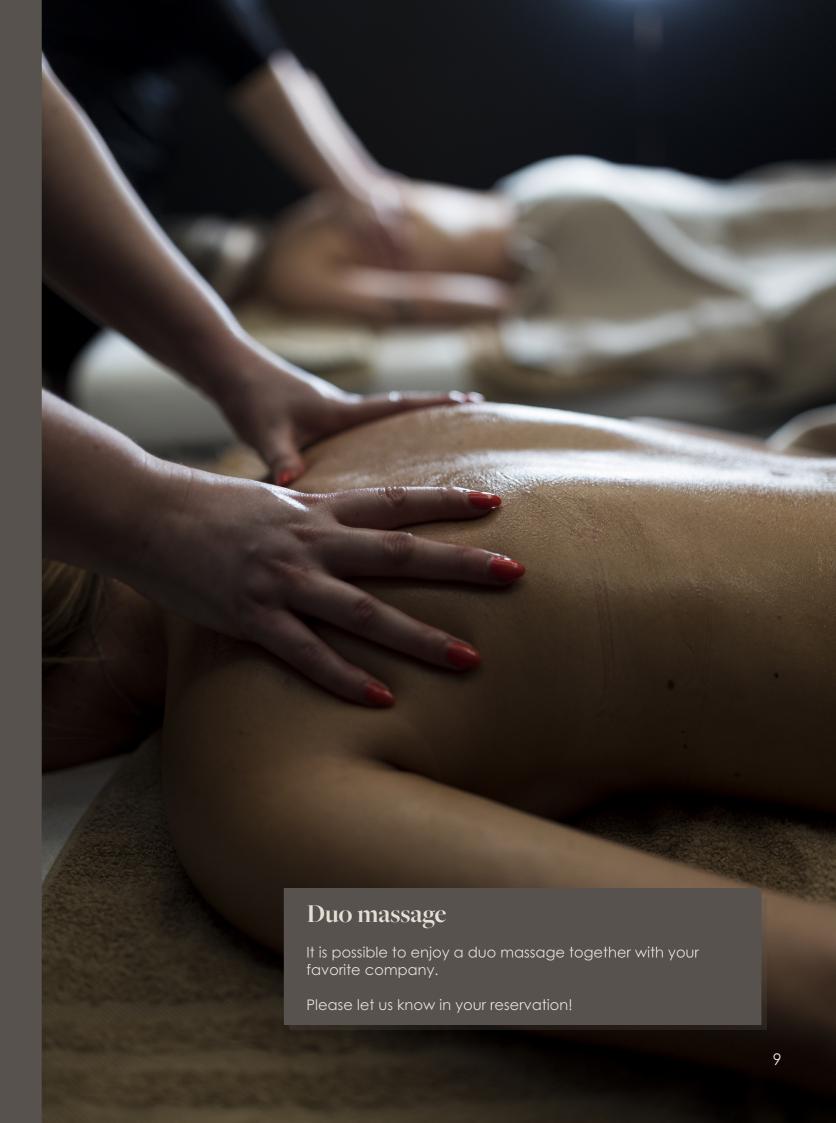
Massage finished with herbal stamps. These stamps are cotton bundles containing different types of herbs, essential oils are also used in this process.

€ 9

Duration: 60 minutes









MASSAGES

€89

neck pain and swollen legs.

Duration: 60 minutes



Algae wrap

Removes dead skin cells, discharges antibodies, firms the skin, provides vitamins and stimulates circulation.

Duration: 60 minutes





Foot massage

Feet are just about the most important part of the body. Everything in the body is connected to certain pressure points in the feet. For example, when a certain pressure point is activated, you will notice it in a particular organ.

Duration: 30 minutes





Chocolate massage

€99

Massage deluxe with chocolate oil. While the chocolate stimulates your happiness hormone, it simultaneously moisturizes and nourishes your skin! So you go home with a glowing skin.

Only bookable in February.

Duration: 60 minutes







More info? Visit our website: corsendonkhotels.com