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### Vellness Namaste Experience your pampering moment

massages & treatments



## Practical

Need an extra moment of rest? Experience a wonderful time in wellness Namasté from hotel Corsendonk Hooge Heyde. Let yourself be surprised on the following pages with all our treatments and massages, performed by trained masseurs and beauty specialists.

Moreover, all massages and facials use the quality and natural products of BABOR! So you are assured of quality.

#### Address

Corsendonk Hooge Heyde Steenfortstraat 5 2460 Kasterlee

### **Opening hours**

Our wellness is open from 7h00 to 23h00, 7 days a week. The outdoor pool is open from 07h00 to 22h00, 7 days a week.

### Wellness access tickets

Monday/Tuesday:

Access day ticket: 9h-17h: € 24,50 Evening ticket: 17h-23h: € 24,50 Access all day: 7h-23h: € 34,50

Wednesday/Thursday/Friday/Saturday/Sunday:

Access day ticket: 9h-17h: € 29,50 Evening ticket: 17h-23h: € 29,50 Access all day: 7h-23h: € 39,50

### Booking and contact details

Treatments are bookable from Wednesday to Sunday.

Would you like to book a massage or treatment? Send an email to info.hoogeheyde@corsendonkhotels.com stating the desired massage or treatment or call 014 55 18 34.

### Meaning of pictograms

 $\mathcal{S}$  Suitable for pregnant women



Ideal for lovers of firm massages



Warming on cold days

Relaxing

Ideal for lovers

## FACIAL TREATMENTS

#### **Babor: Hydra**

€ 59 or € 99

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The most essential treatment for every skin type, aimed at hydrating the skin and restoring its natural radiance with high-quality products from BABOR.

Duration: 30 or 60 minutes



#### **Babor: Calming**

Soothe sensitive and stressed skin and help protect it better from external influences, thanks to BABOR's soothing formulas.

Duration: 30 or 60 minutes 🔗 🙏



#### **Babor: Repair**

Finely blended ingredients from the BABOR range continuously restore and heal the skin for a youthful appearance. The perfect complement to resurfacing or before and after surgical treatments.

Duration: 30 or 60 minutes 🔗 🙏

### Babor: HSR anti-age

BABOR's most luxurious ritual. Powerful anti-ageing ingredients from HSR products, combined with effective massage and grip techniques and soft textures, make these luxurious anti-ageing treatments a true pleasure.

Duration: 90 minutes



€139

Eyebrow epilation Duration: 15 minutes

Upper lip or chin waxing Duration: 15 minutes





## MANICURE & PEDICURE

#### Manicure

Beautiful and well-groomed hands speak volumes. During this manicure we will give your hands the necessary care. We finish the manicre with a nourishing and soothing hand massage.

Duration: 45 minutes



#### Pedicure

Healthy feet require attention. This pedicure treats every possible problem, from nail trimming to callus removal. We conclude the pedicure with a relaxing foot massage.

Duration: 45 minutes



Manicure/pedicure + gel polish Would you like well-groomed feet or hands and a nice color on the nails? Striking or neutral, we offer numerous options. This option can **only** be combined with a pedicure or manicure.

Duration: 60 minutes

#### Extras

Touch-up of gel polish (peeling off & new set) Removal of gel polish

€35

€35

€49

## MASSAGES

#### Peeling, wrap & massage

Let your body unwind during the relaxing body peeling, wrap & massage. Dream away with subtle scents of our essential oils.

Duration: 90 minutes



#### Back, neck and shoulder massage

Suffering from a tense or painful back, neck and/or shoulders? A firm muscle-oriented massage may be perfect for you.



#### Body massage 'Deluxe'

€ 99 - € 129 Enjoy a full body massage, a head-to-toe "me-time" moment. We end the massage with the face and scalp. You determine the firmness of the massage.

Duration: 60 or 90 minutes



#### Hot stone massage

#### € 109 - € 139

€139

€59

Let the warm stones warm and relax your muscles. A true treat for the body and mind. Highly recommended for the colder days.

Duration: 60 or 90 minutes 🛞 🛇 🙏



#### € 109 - € 139

Firm massage using bamboo sticks. Here, the muscles and blood flow are stimulated, this goes firming.

Duration: 60 or 90 minutes  $\mathcal{I} \heartsuit$ 

€109

Herbal stamp massage E10 Massage finished with herbal stamps. These stamps are cotton bundles containing different types of herbs, essential oils are also used in this process.

Duration: 60 minutes



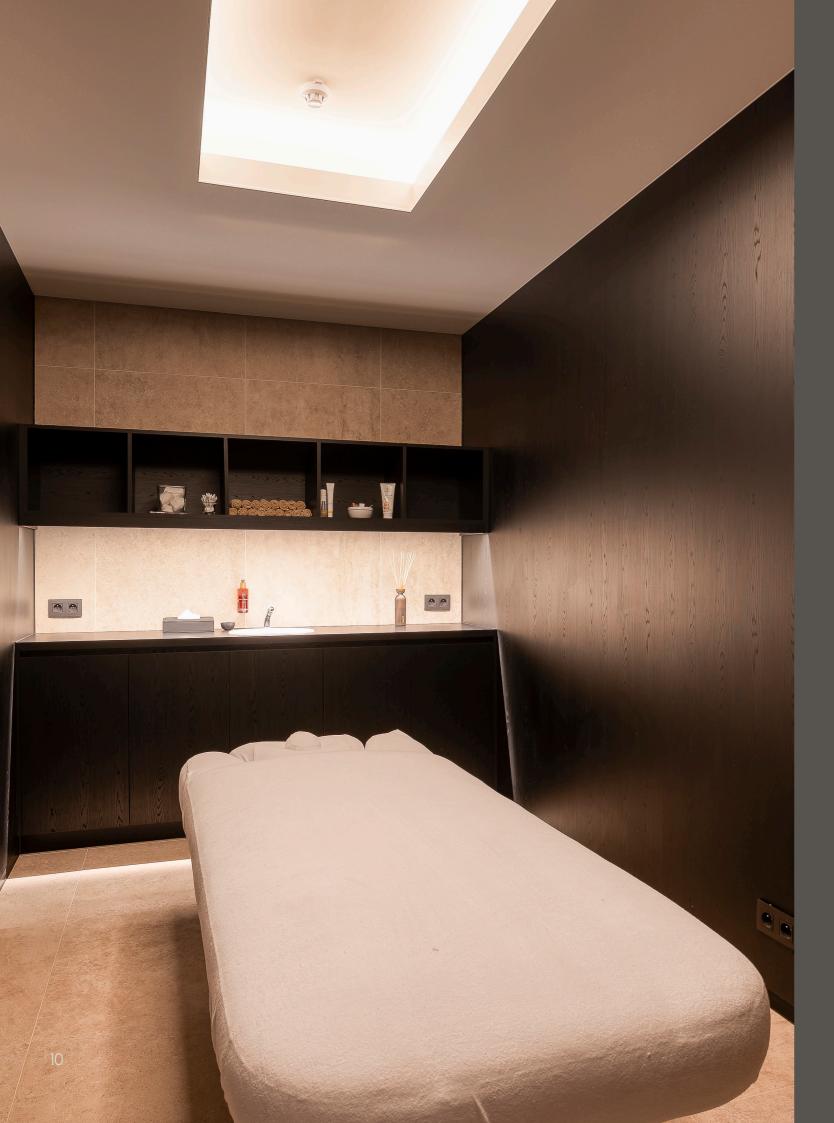


#### Duo massage

It is possible to enjoy a duo massage together with your favorite company.

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Please let us know in your reservation!



### MASSAGES

neck pain and swollen legs.

Duration: 60 minutes



#### Algae wrap

Removes dead skin cells, discharges antibodies, firms the skin, provides vitamins and stimulates circulation.

Duration: 60 minutes



#### Foot massage

Feet are just about the most important part of the body. Everything in the body is connected to certain pressure points in the feet. For example, when a certain pressure point is activated, you will notice it in a particular organ.

Duration: 30 minutes

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### Chocolate massage

Massage deluxe with chocolate oil. While the chocolate stimulates your happiness hormone, it simultaneously moisturizes and nourishes your skin! So you go home with a glowing skin.

Only bookable in February.

Duration: 60 minutes



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### €109

# €45

#### € 109



### More info? Visit our website: corsendonkhotels.com